



KAISER PERMANENTE®

Reconstitution and Administration of 5,000 units of HCG

Please click on the following link to listen to the podcast:

<http://www.kphealthcast.org/mp3files/vent/5000unitsHCG3.mp3>

General Injection Instructions: Getting Ready

- ❑ Gather all medication, syringes, and additional supplies (if applicable)
- ❑ Choose a flat surface such as a kitchen or bathroom counter.
- ❑ Clean the flat surface with alcohol and let air dry.
- ❑ Wash your hands with antibacterial soap
- ❑ Set supplies on the flat surface.
- ❑ Distractions can occur during the process, so finding a quiet area in the house to perform the injection to eliminate the possibility of error

HCG 5,000 Units

- Very important injection
- Time specific (please follow the instructions provided to you by your IVF case manager.
- Please contact the office first thing in the morning if there was any problems with the injection

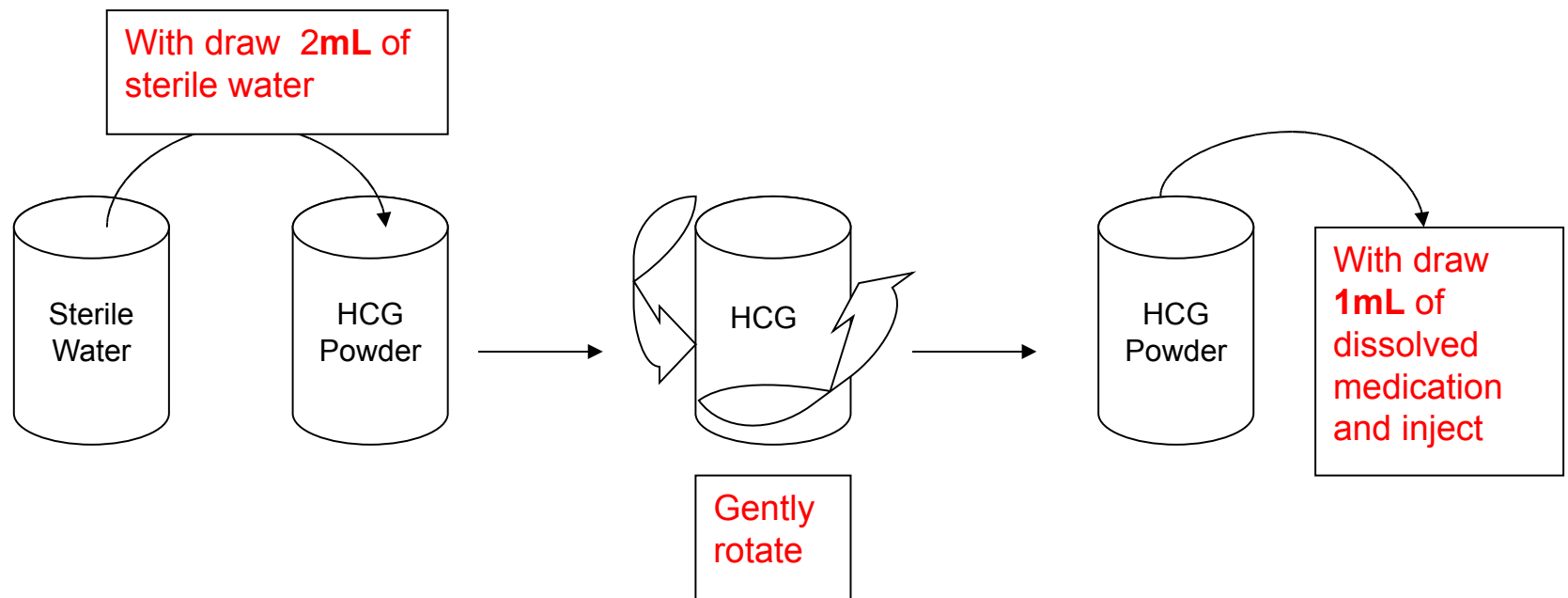
Step 1: Materials Needed

- 1 – 10,000 vial of HCG with diluent (sterile water)
- 1- 3 ml syringe, with 22 gauge, 1 ½ inch needle.
- 1- 30 gauge, ½ inch needle (if taking subcutaneously)
- 1- 22 gauge, 1 ½ inch needle (if taking intramuscular)

Supplies to prepare the injection site:

- 1- alcohol wipe (for Intramuscular (IM) injections)
- 1- Mild soap (for Subcutaneous (sub Q) injections)

Step 2: Mixing 5,000 IU of HCG



Instructions for actual injection

SUBCUTANEOUS (sub Q) Injections

- If your physician has instructed you to administer your injection as a subcutaneous (sub Q) injection, please refer to the Podcast titled: **“How to give a subcutaneous injection”**

INTRAMUSCULAR (IM) Injections

- If your physician has instructed you to administer your injection as an intramuscular (IM) injection, please refer to the podcast titled: **“How to give an intramuscular injection.”**

Frequently Asked Questions

- ❑ **Question:** Does the needle have to go in all the way into the injection site?
- ❑ **Answer:** Yes, the needle needs to go in all the way.

- ❑ **Question:** What if miss taking my HCG dose at my assigned time?
- ❑ **Answer:** Take your HCG injection as soon as you realize this and report this the next day to your IVF Case Manager RN or IVF Physician

- ❑ **Question:** Am I required to purchase all my IVF medications at the start of my IVF cycle? Or can I order half now and half later?
- ❑ **Answer:** Yes, but just keep track of how much medication you have so you don't run out prior to the weekend as the Pharmacy is not able to ship on Friday for a Saturday delivery. Additionally, urgent pharmacy orders usually do cost more money than standard Orders as well.

Frequently Asked Questions

- **Question:** Does my HCG medication need to be refrigerated?
- **Answer:** No, per the manufacturer's instructions, HCG medication can be left at room temperature as long as the room temperature. As long as HCG is not reconstituted, it can be stored at room temperature between 68 degrees to 77 degrees Fahrenheit. Once HCG is reconstituted, it must be refrigerated and used within 60 days.
- *See the manufacturer's insert for additional information or check with the pharmacy for additional information on this medication.*